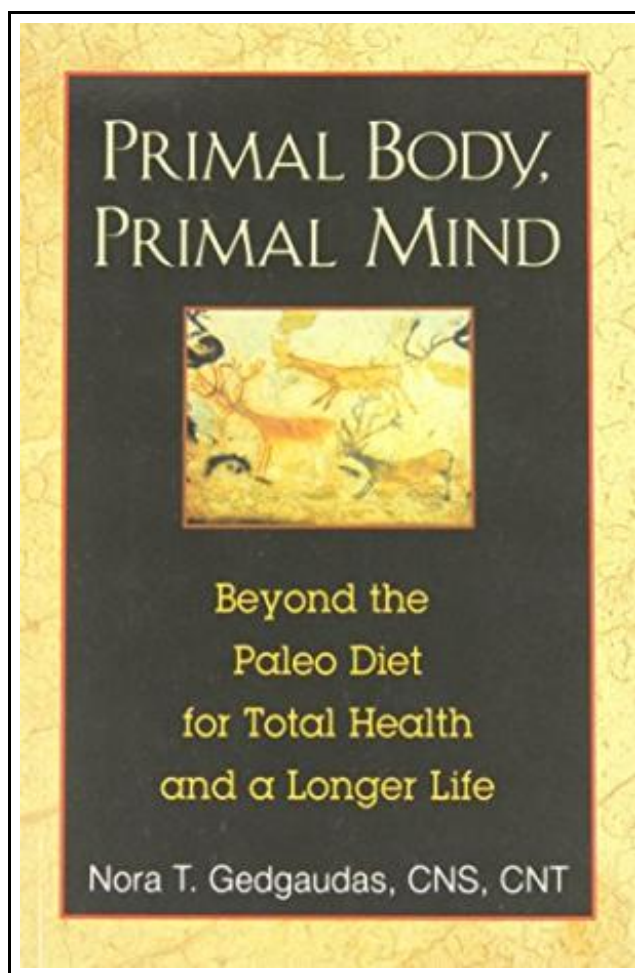


## Primal Body, Primal Mind: Beyond the Paleo Diet for Total Health and a Longer Life



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