



Lymphedema Caregivers Guide arranging and providing home care

By Ann B. Ehrlich

Lymph Notes. Paperback. Book Condition: New. Paperback. 472 pages. Dimensions: 9.0in. x 6.0in. x 1.2in. Caregivers Guide is the first book to provide detailed instructions for caregivers on all aspects of lymphedema (or lymphoedema) home care including physical care (skin care, simple lymph drainage, compression, exercise, etc.), communications skills and emotional support, and activities of daily living. Caregivers will also learn ways to protect themselves from injury and burnout. Caregivers Guide outlines a systematic approach to determining the patients care needs, arranging care, and coordinating multiple caregivers. Trained lymphedema caregivers are in short supply now and we face a care gap in the near future as the number of people needing care increases while the pool of potential family caregivers shrinks. This book is an important first step in the process of providing trained caregivers. This book will help: People with lymphedema and their families and friends understand what care is required, locate caregivers and other resources, and navigate the reimbursement maze. This book also covers coordinating multiple caregivers, preparing the home for care, and many other practical topics. Caregivers understand lymphedema, their role in lymphedema care, specific skills for providing physical care and emotional support, and how to manage...

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